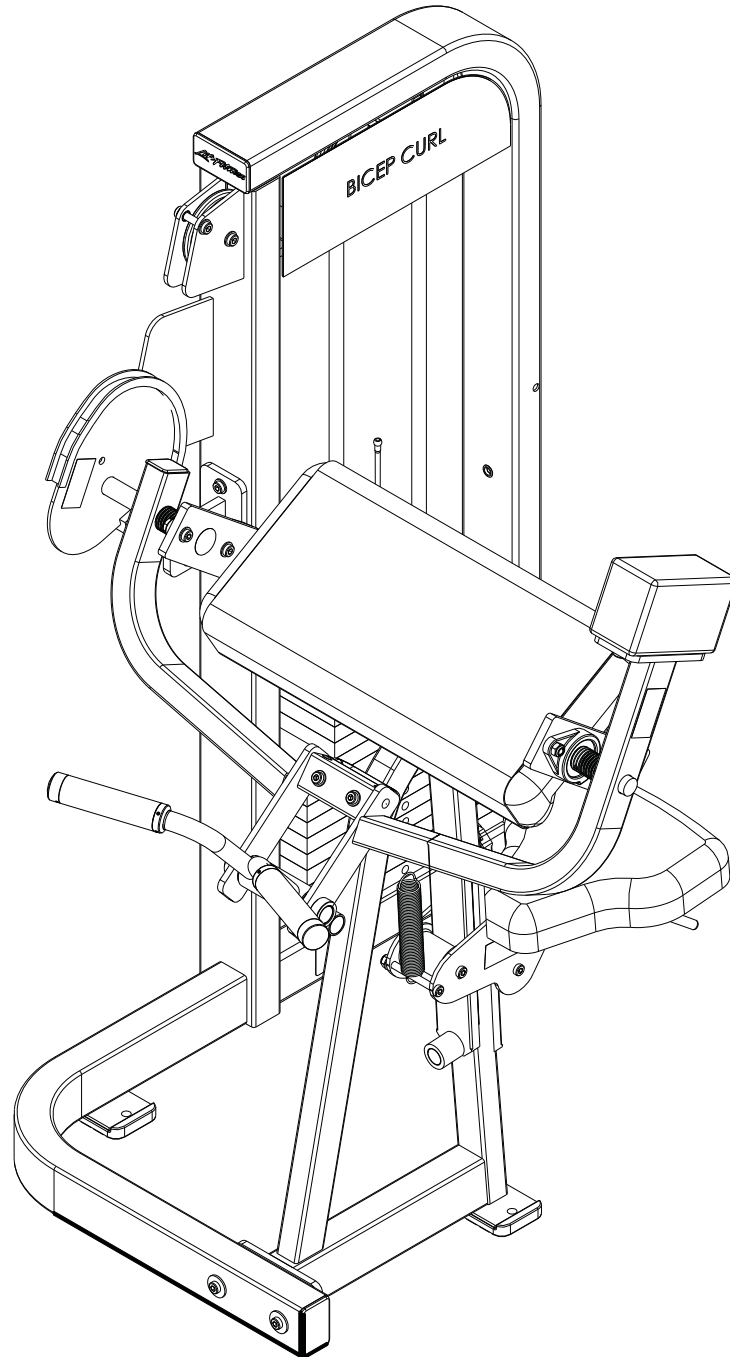




PRO 2 SERIES
PSBCSE BICEPS CURL

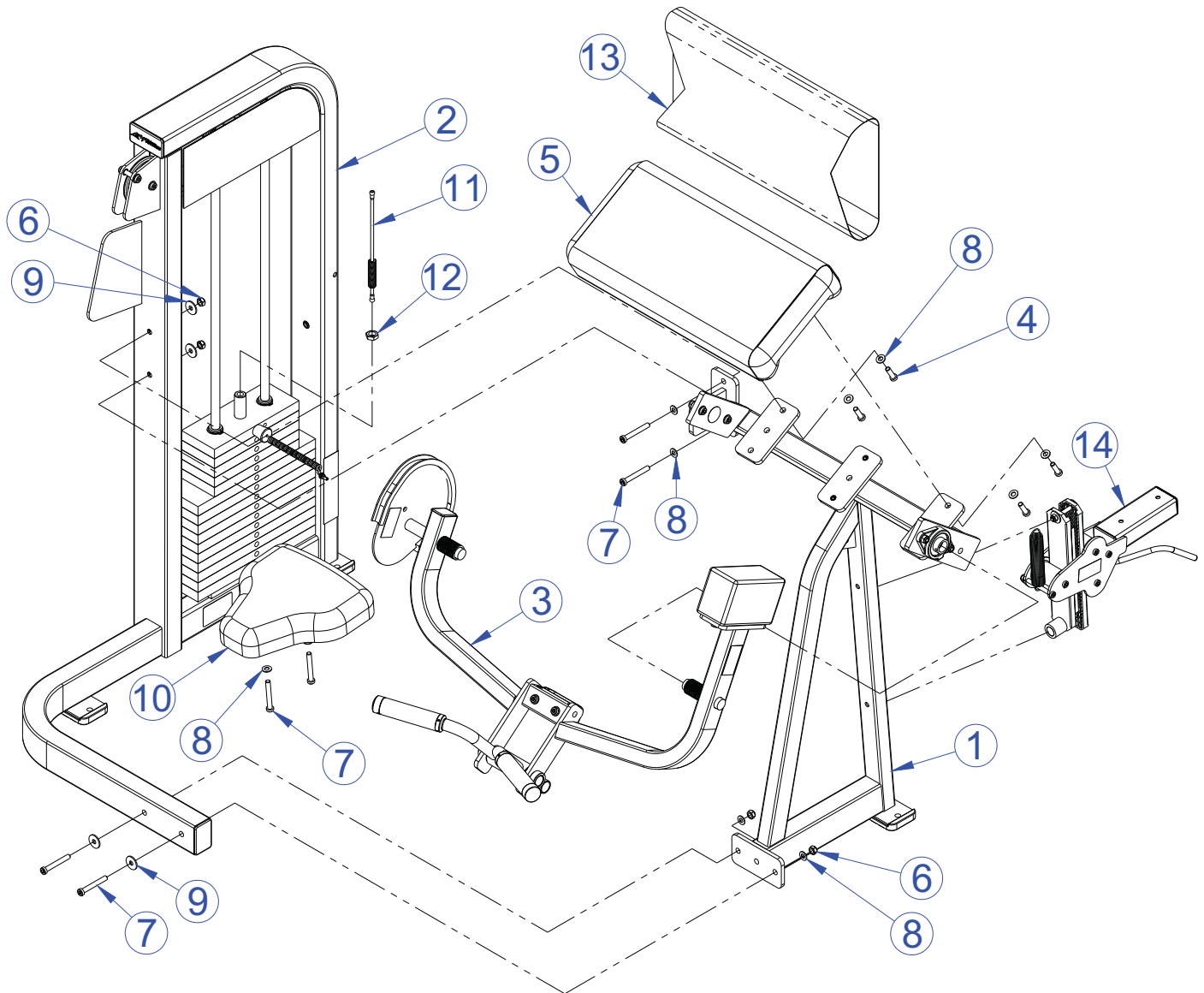


Customer Support Services
PARTS MANUAL

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PSBCSE BICEPS CURL COMPONENT ASSEMBLY

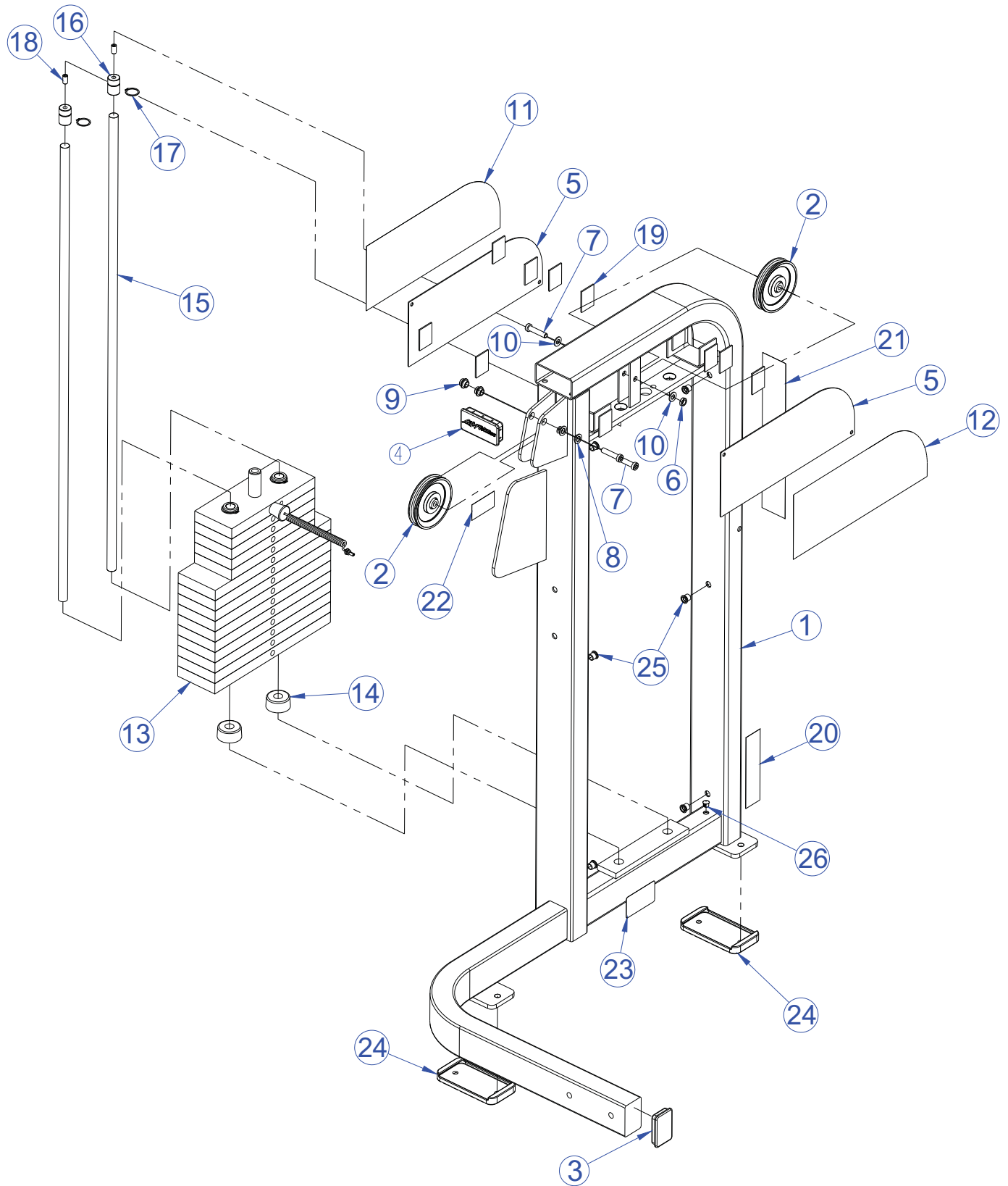


SEE PAGE 4 FOR LEGEND

PSBCSE BICEPS CURL COMPONENT ASSEMBLY LEGEND

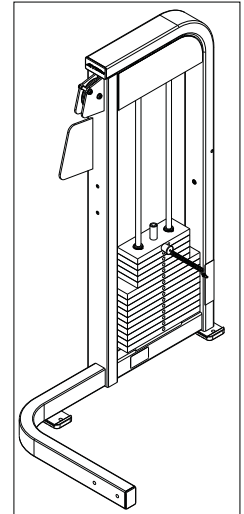
ITEM NO.	QTY.	PART NO.	DESCRIPTION
1	1	7442801	ASSY, PSBC SEAT FRAME
2	1	7442901	ASSY, PSBC SIDE FRAME
3	1	7443101	ASSY, PSBC MOVEMENT ARM
4	4	3236204	SCREW, M10 X1.5 35MM
5	1	80070XX	PAD, ELBOW 24 X 11
6	4	3236801	NUT, M10 HEX NYLOCK SS
7	6	3236212	SCREW, M10 X1.5 75MM
8	10	3236601	WASHER, 3/8 SAE SS
9	4	3236602	WASHER, 3/8 ID X 1.25 OD SS
10	1	7351901	PAD, SADDLE
11	1	7423701	CABLE, PSBC
12	1	3236902	NUT, M16 X 2 HEX JAM SS
13	1	80279XX	COVER, ELBOW PAD
14	1	7396701	ASSY, ROLLER SEAT 90 DEG

PSBCSE BICEPS CURL SIDE FRAME ASSEMBLY - 7442901



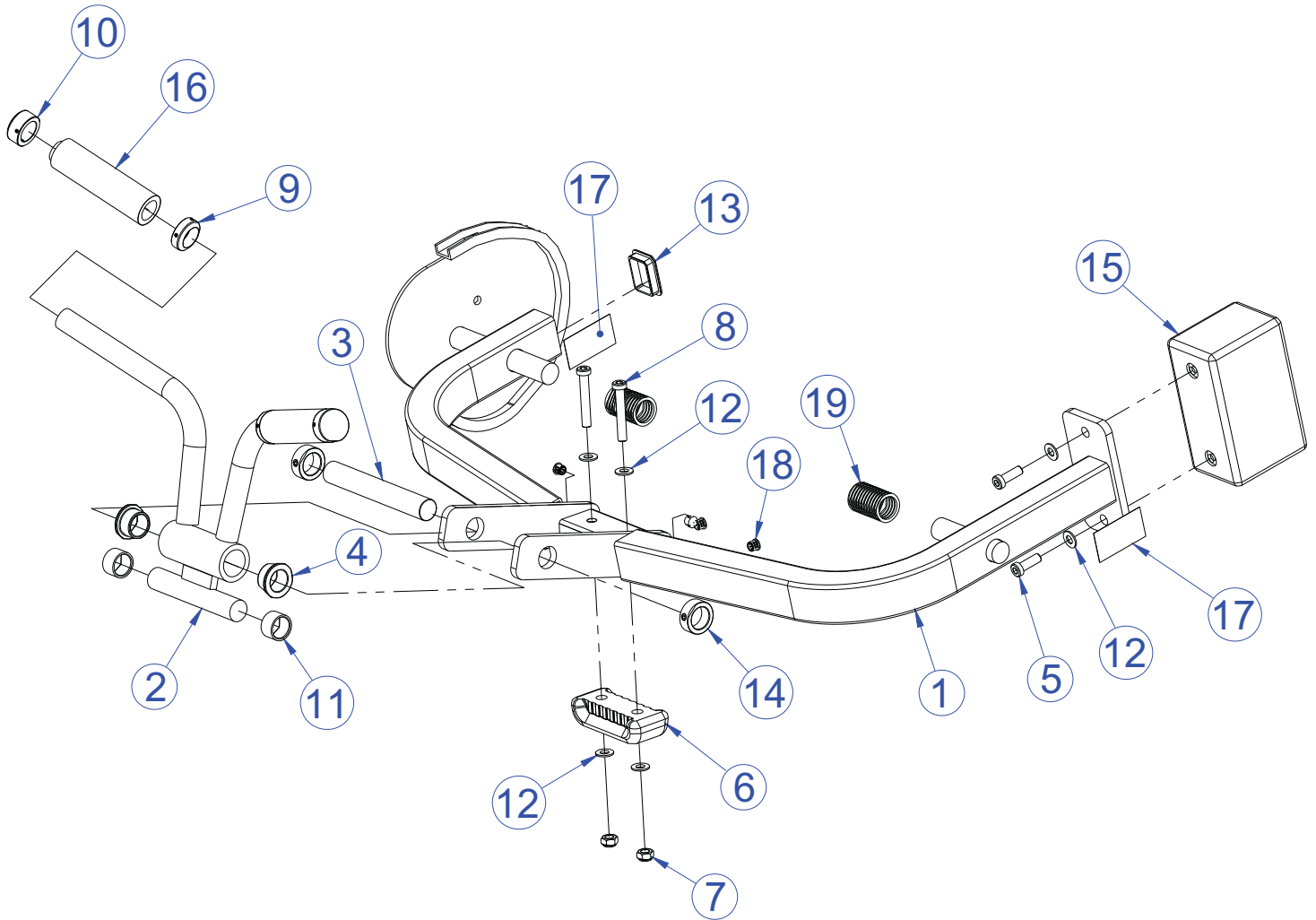
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PSBCSE BICEPS CURL SIDE FRAME ASSEMBLY LEGEND



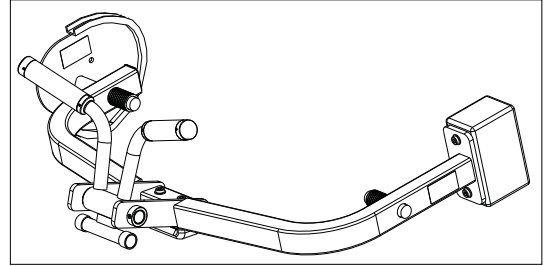
ITEM NO.	QTY.	PART NO.	DESCRIPTION
1	1	7382101	WLDMT, PSBC- WEIGHT STACK
2	2	3237801	PULLEY, 4.5" OD
3	1	7352301	CAP, END 2 X 3
4	1	7352401	CAP, END 2 X 4
5	2	7606602	COVER, STACK-PRO2 STD
6	1	3236901	NUT, M10 X 1.5 JAM
7	3	3236206	SCREW, M10 X1.5 45MM
8	2	7348101	WASHER, SPACER
9	2	7335401	NUT, M10 X 1.5 SOCKET HEAD
10	2	3236601	WASHER, 3/8 SAE SS
11	1	7491101	LABEL, PSBC LOGO PANEL
12	1	7443001	LABEL, PSBC PLACARD
13	1	7353401	ASSY, 200LB STACK
14	2	7352101	CUSHION, WEIGHT STACK
15	2	7328604	GUIDE ROD, .75 OD SOLID 43.88
16	2	7402301	RETAINER, GUIDEROD
17	2	3232421	RING, BRE .940, 5100-100 ST PP B
18	2	3240501	M10 X 1.5 HXS NO CUP ST BO
19	12	7544202	PAD, DUAL LOCK 250 1.5" X 2.0"
20	1	7422004	LABEL, 2" ASTM WARN
21	1	7348001	LABEL, LIFE FITNESS LOGO
22	1	7422003	LABEL, MOVING PARTS
23	1	7571301	LABEL, SERIAL NUMBER
24	2	7388201	FOOTPAD, PS RUBBER
25	6	3238101	NUT, BLIND INSERT M10 X 1.5
26	2	3237401	PLUG, 7/16" HOLE

PSBCSE BICEPS CURL MOVEMENT ARM ASSEMBLY - 7443101



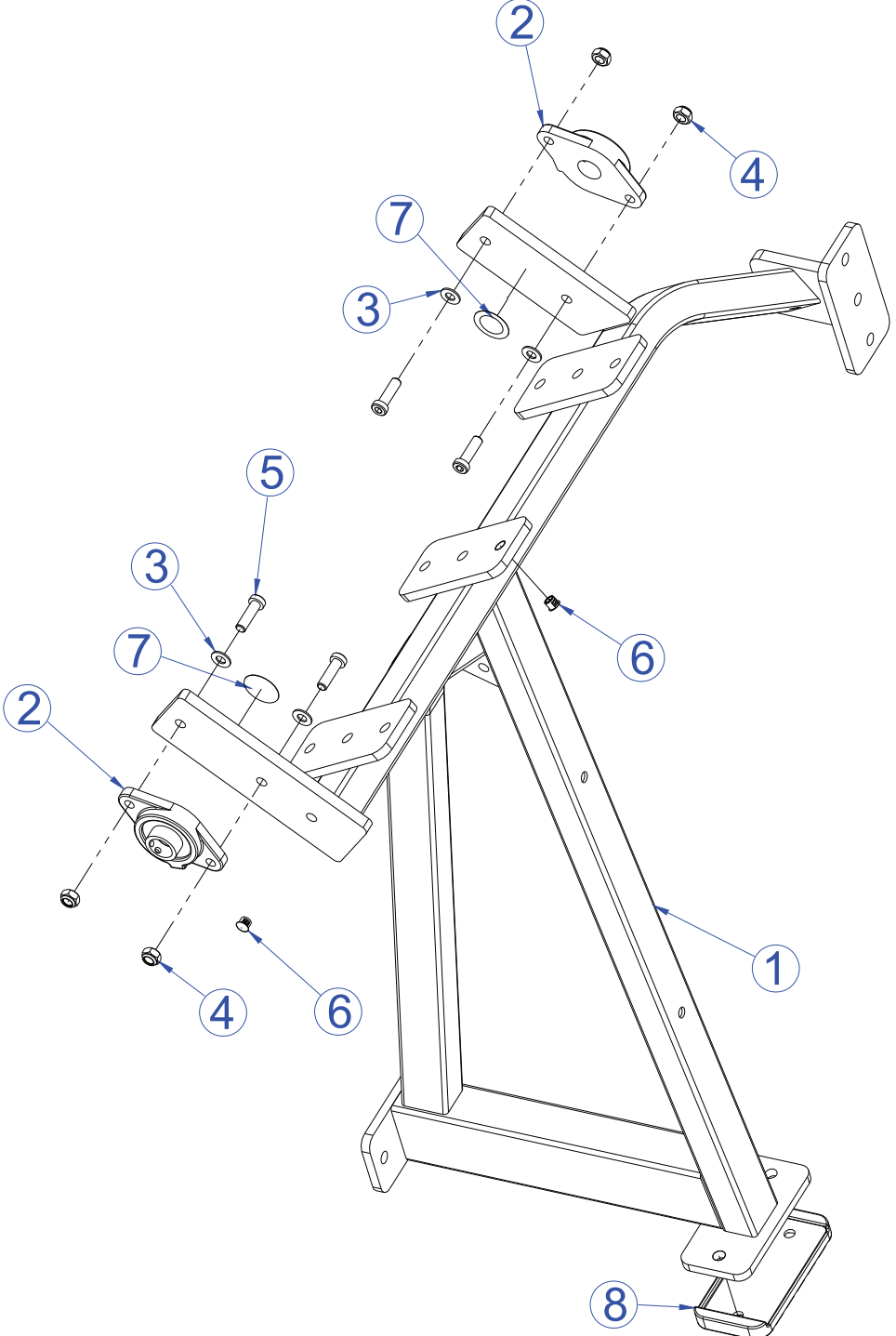
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PSBCSE BICEPS CURL MOVEMENT ARM ASSEMBLY LEGEND



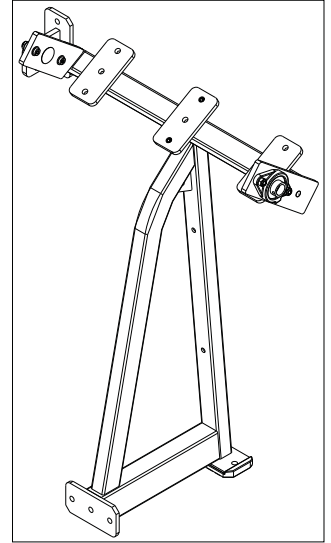
ITEM NO.	QTY.	PART NO.	DESCRIPTION
1	1	7382901	WLDMT, PSBC- MOVEMENT ARM
2	1	7383301	WLDMT, PSBC- HANDLE BAR ASSY
3	1	7358203	SHAFT, 1 DIA X 6.75
4	2	3104903	1.00" ID 1.25" OD BRONZ BUSHING
5	2	3236203	SCREW, M10 X1.5 30MM
6	1	7352001	BUMPER, 2-1/8 X 4-5/8
7	2	3236801	NUT, M10 HEX NYLOCK SS
8	2	3236210	SCREW, M10 X1.5 65MM
9	2	7662802	RING, GRIP 1.50 OD
10	2	7662902	CAP, GRIP 1.50 OD
11	2	7690101	BUMPER, SLEEVE - 1 INCH DIA
12	6	3236601	WASHER, 3/8 SAE SS
13	1	7352201	CAP, END 1-1/2 X 2
14	2	7435301	COLLAR, SHAFT 1.020 ID
15	1	7802401	WEIGHT, COUNTER MED
16	2	3235802	GRIP, 1.50"OD
17	2	7422003	LABEL, MOVING PARTS
18	6	3237401	PLUG, 7/16" HOLE
19	2	6912804	SLEEVE, ACCRDN 1.0 ID X 2

**PSBCSE BICEPS CURL
SEAT FRAME ASSEMBLY - 7442801**



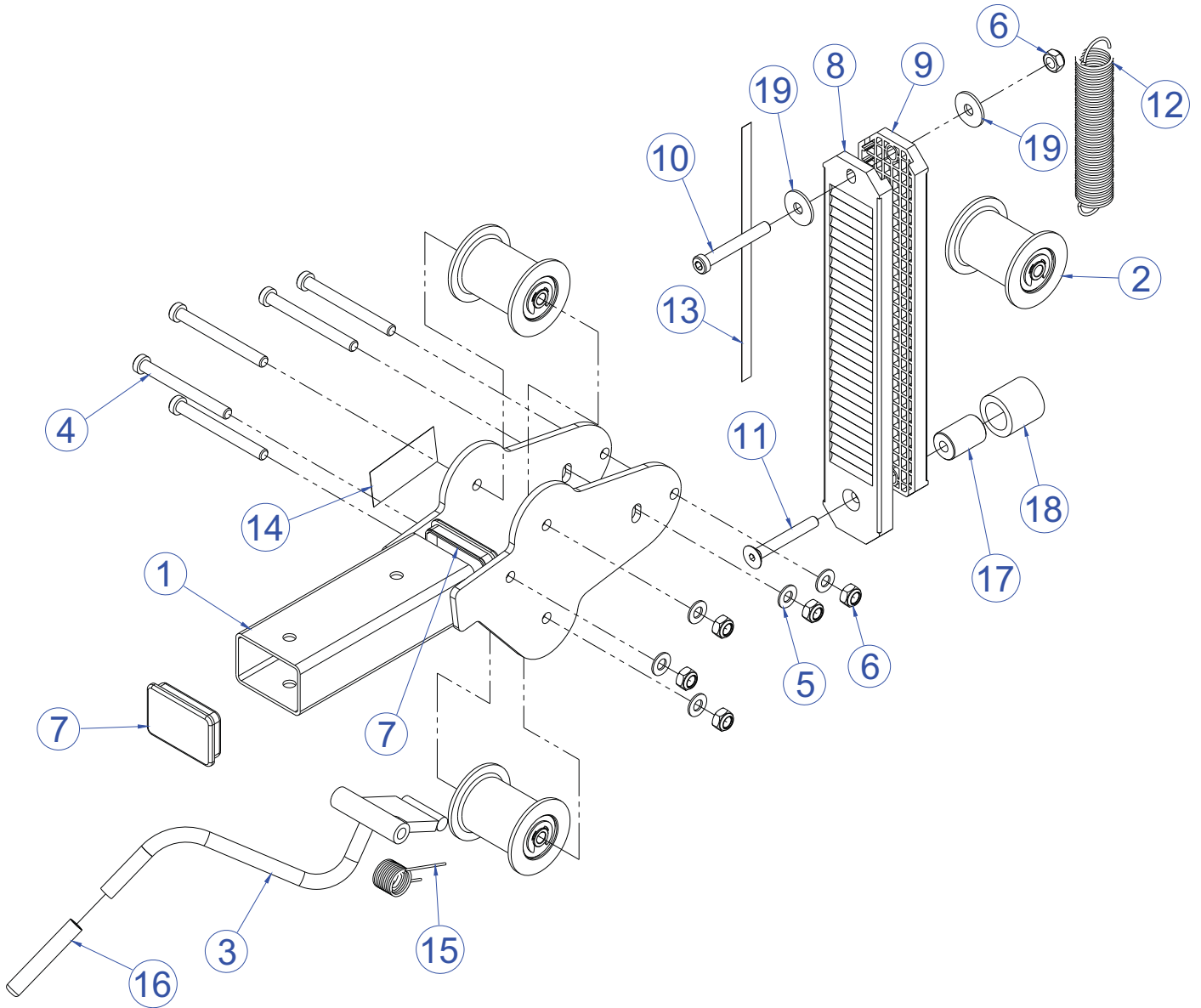
SEE PAGE 10 FOR LEGEND

PSBCSE BICEPS CURL SEAT FRAME ASSEMBLY LEGEND



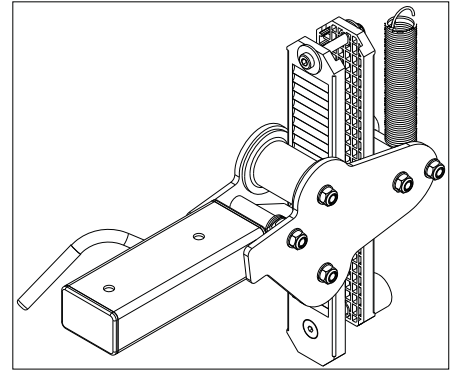
ITEM NO.	QTY.	PART NO.	DESCRIPTION
1	1	7381901	WLDMT, PSBC- SEAT FRAME
2	2	3237701	ASSY, PILLOW BLOCK 4.88 X 2.75
3	4	3236601	WASHER, 3/8 SAE SS
4	4	3236801	NUT, M10 HEX NYLOCK SS
5	4	3236204	SCREW, M10 X1.5 35MM
6	3	3237401	PLUG, 7/16" HOLE
7	2	7488701	LABEL, AXIS OF ROTATION
8	1	7388201	FOOTPAD, PS RUBBER

PSBCSE BICEPS CURL ROLLER SEAT ASSEMBLY - 7396701



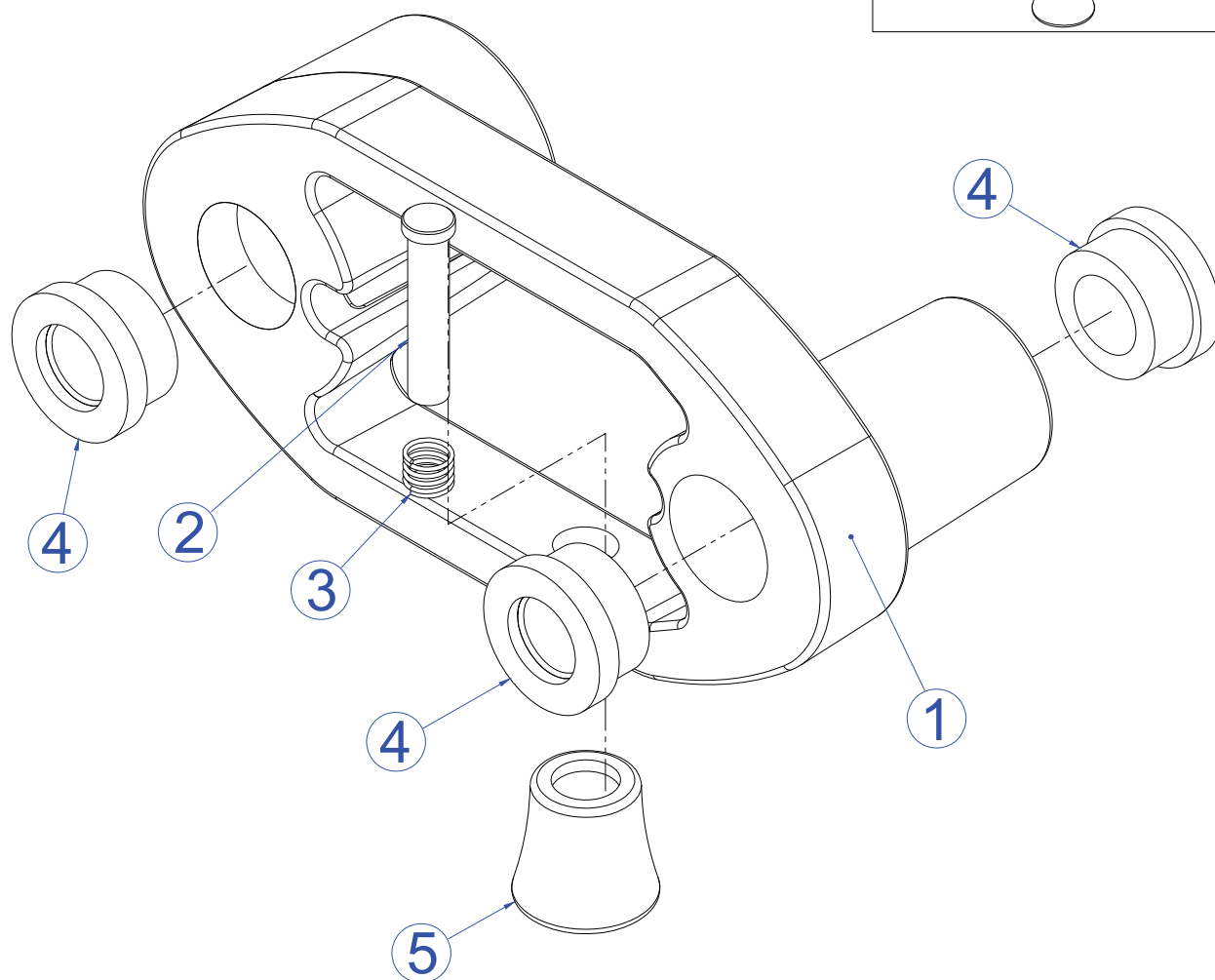
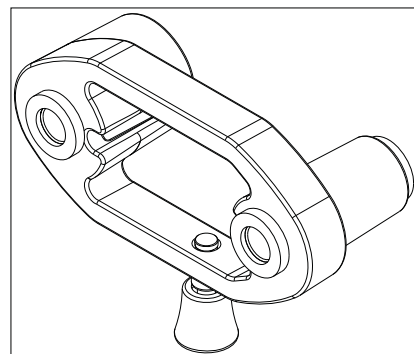
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PSBCSE BICEPS CURL ROLLER SEAT ASSEMBLY LEGEND



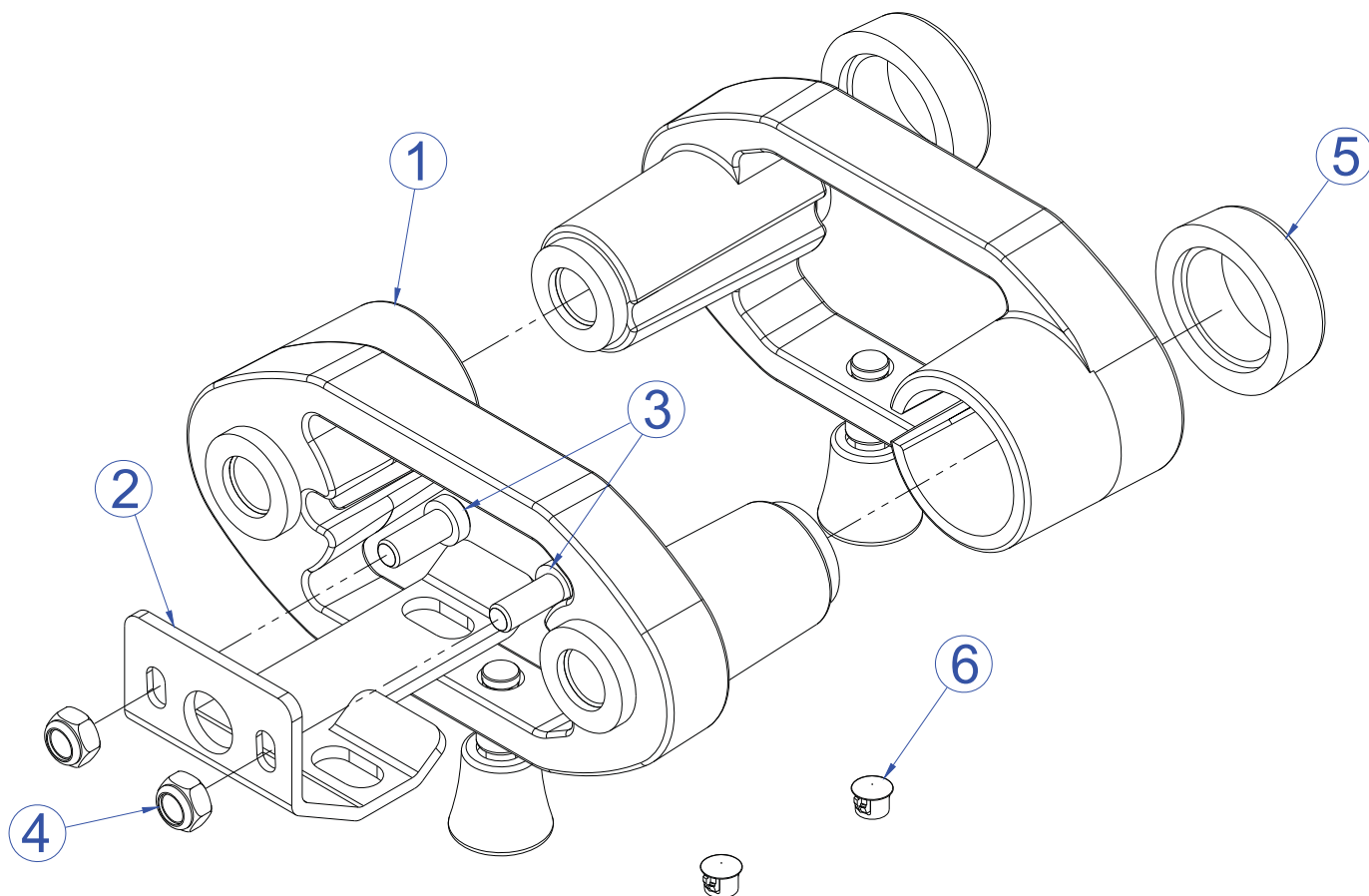
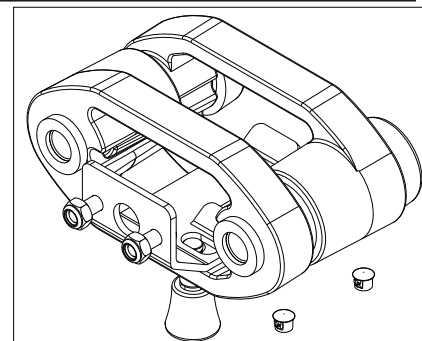
ITEM NO.	QTY.	PART NO.	DESCRIPTION
1	1	7396801	WELDMNT, 90 DEG ROLLER SEAT
2	3	7564201	ASSY, SEAT ROLLER
3	1	7387595	WELDMNT, PS-ROLLER SEAT HANDLE
4	5	3236217	SCREW, M10 X1.5 100MM
5	5	3236601	WASHER, 3/8 SAE SS
6	6	3236801	NUT, M10 HEX NYLOCK SS
7	2	7352301	CAP, END 2 X 3
8	1	7564301	SEATRACK, ROLLER SERRATED
9	1	7564401	SEATRACK, FLAT
10	1	3236212	SCREW, M10 X1.5 75MM
11	1	3238312	M10x1.5x75mm
12	1	7442601	SPRING, PRO2 ROLLER SEAT
13	1	7422002	LABEL, SEAT ADJUST
14	1	7422001	LABEL, SEAT INST
15	1	7442701	SPRNG, PRO2 HANDLE TORSION
16	1	3238502	CAP, 1/2 X 3
17	1	7570601	STOP, ROLLER SEAT
18	1	3235802	GRIP, SHADOW GRAY, 1.5"
19	2	3236602	WASHER, 3/8 ID X 1.25 OD SS

PSBCSE BICEPS CURL 5LB INCREMENT WEIGHT ASSEMBLY - 7446501



ITEM NO	QTY	PART NO	DESCRIPTION
1	1	7446602	BODY, 5LB INCREMENT WEIGHT
2	1	7446901	PIN, RETAINING
3	1	7447001	SPRING, COMPRESSION
4	3	7560001	BUSHING, MTS, INC WEIGHT
5	1	7351401	KNOB, TULIP STYLE

PSBCSE BICEPS CURL INCREMENT WEIGHT W/STRIKER - 7415101

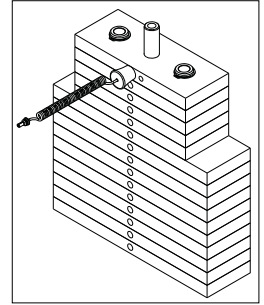
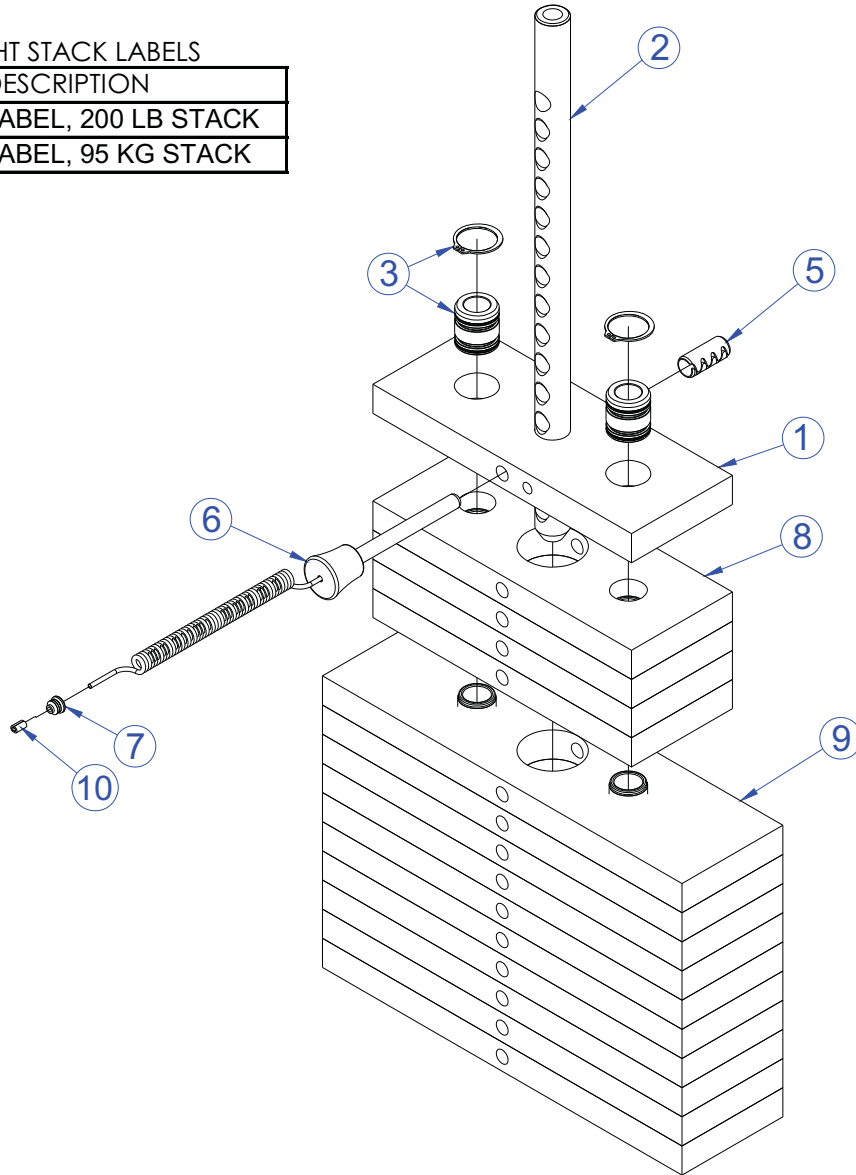


ITEM NO	QTY	PART NO	DESCRIPTION
1	2	7446501	ASSY, 5LB INCREMENT WEIGHT
2	1	8002601	PLATE, INCR. WT STRIKER
3	2	3236202	SCREW, M10 X1.5 25MM
4	2	3236801	NUT, M10 HEX NYLOCK SS
5	2	7767601	BUMPER, PS INCREMENT WT
6	2	3237401	PLUG, 7/16" HOLE

PSBCSE BICEPS CURL WEIGHT STACK ASSY 200LB - 7353401

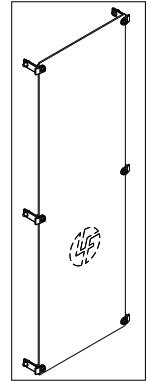
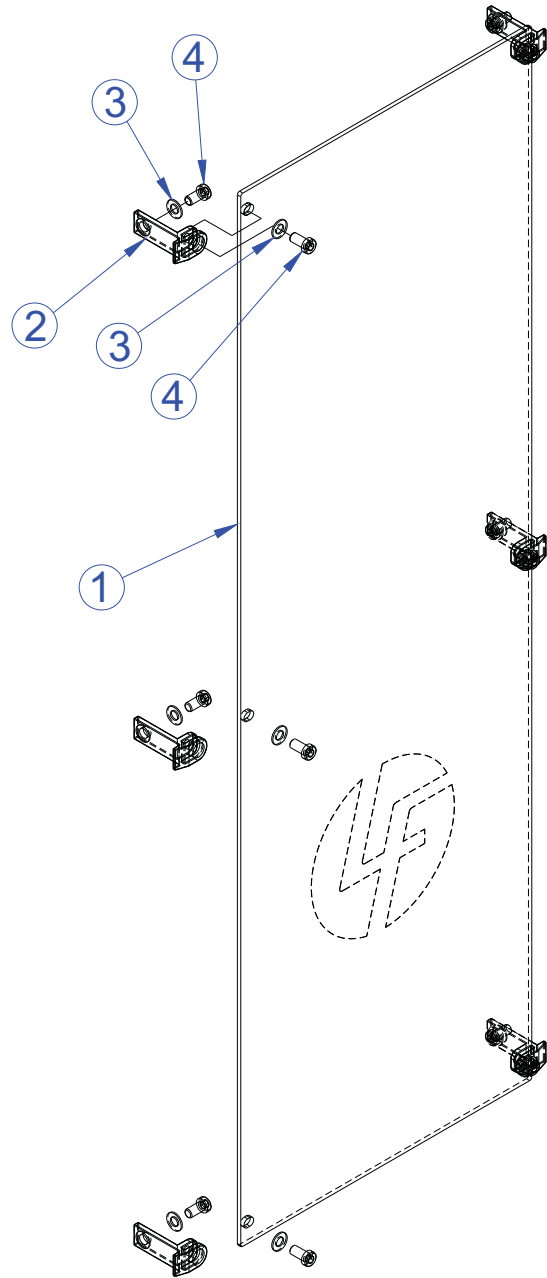
WEIGHT STACK LABELS

PART NO	DESCRIPTION
7987001	LABEL, 200 LB STACK
7987301	LABEL, 95 KG STACK



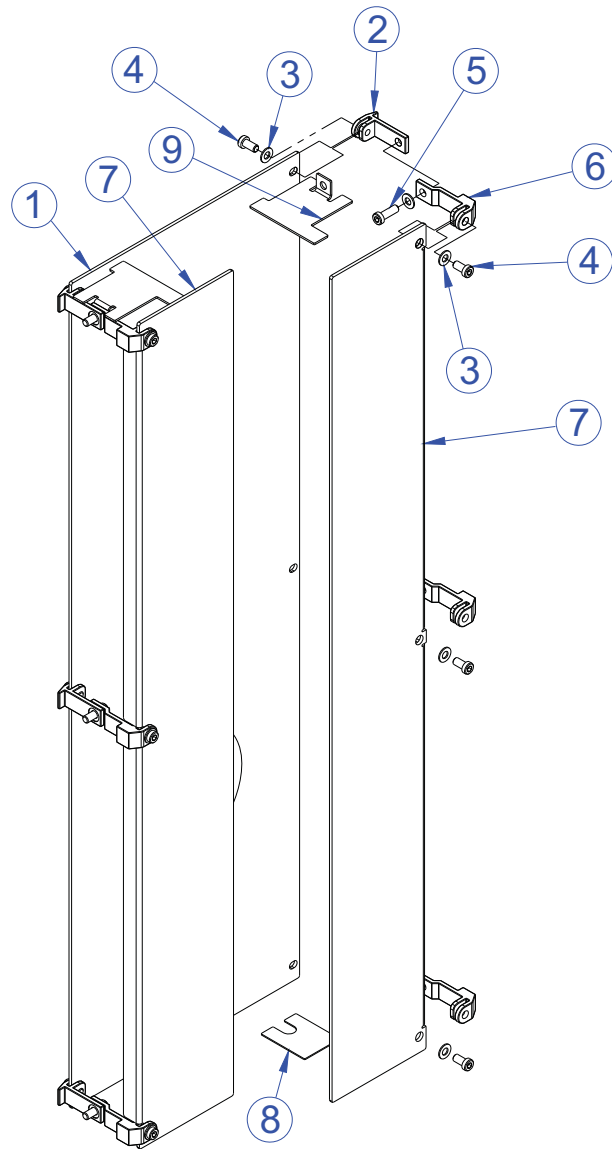
ITEM NO	QTY	PART NO	DESCRIPTION
1	1	7353901	HEADPLATE, WT. STACK
2	1	7352601	BAYONET, 14 PLATE
3	2 / 2	7338001	HEADPLATE BUSHING & CLIP
5	1	3236001	BUSHING, SPRING PIN
6	1	7353001	ASSY, SELECTOR PIN
7	1	7356501	PLUG, LANYARD ATTACHMENT
8	4	7353701	ASSY, 10 LB PLATE
9	10	7353801	ASSY, 15 LB PLATE
10	1	7523601	CRIMP, CABLE

PSBCSE BICEPS CURL REAR SHROUD KIT STD-SHORT - 7415201



ITEM NO	QTY	PART NO	DESCRIPTION
1	1	7376801	SHIELD, PS REAR
2	6	7655301	BRACKET, PS REAR SHIELD
3	12	3236601	WASHER, 3/8 SAE SS
4	12	3236201	SCREW, M10 X1.5 20MM

PSBCSE BICEPS CURL OPTIONAL FULL SHROUD KIT STD-SHORT - 7539601



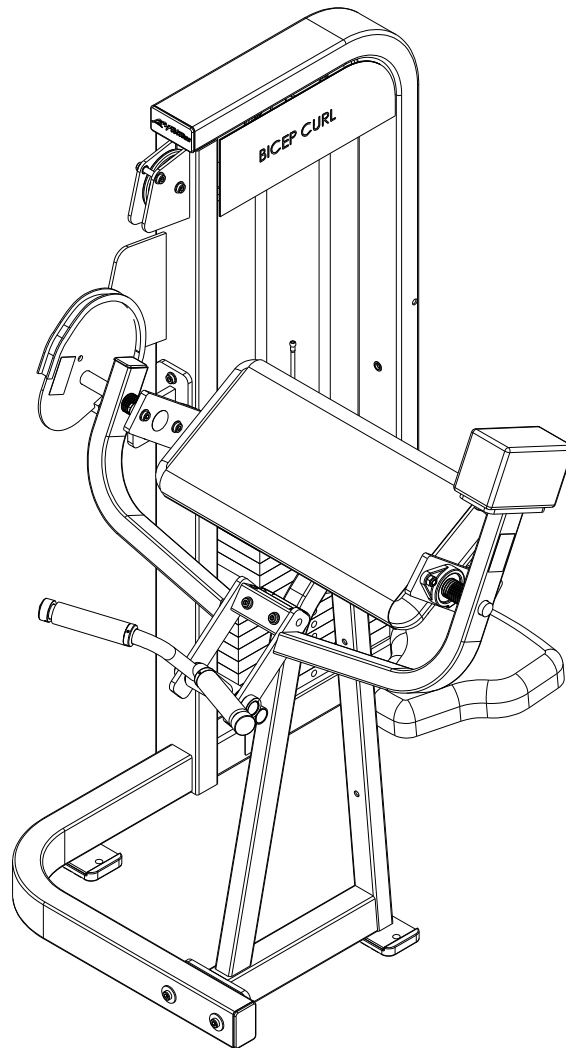
ITEM NO.	QTY.	PART NO.	DESCRIPTION
1	1	7376801	SHIELD, PS REAR
2	6	7655301	BRACKET, PS REAR SHIELD
3	18	3236601	WASHER, 3/8 SAE SS
4	12	3236201	SCREW, M10 X1.5 20MM
5	6	3236203	SCREW, M10 X1.5 30MM
6	6	7376601	BRACKET, PS FRONT SHIELD
7	2	7376901	SHIELD, PS - FRONT
8	2	7570901	PLATE, PS SHIELD STAND-OFF
9	2	7657401	PLATE, PRO2 SHROUD SPCR

PSBCSE BICEPS CURL IMAGE



Life Fitness

PRO II SERIES PSBCSE Biceps Curl



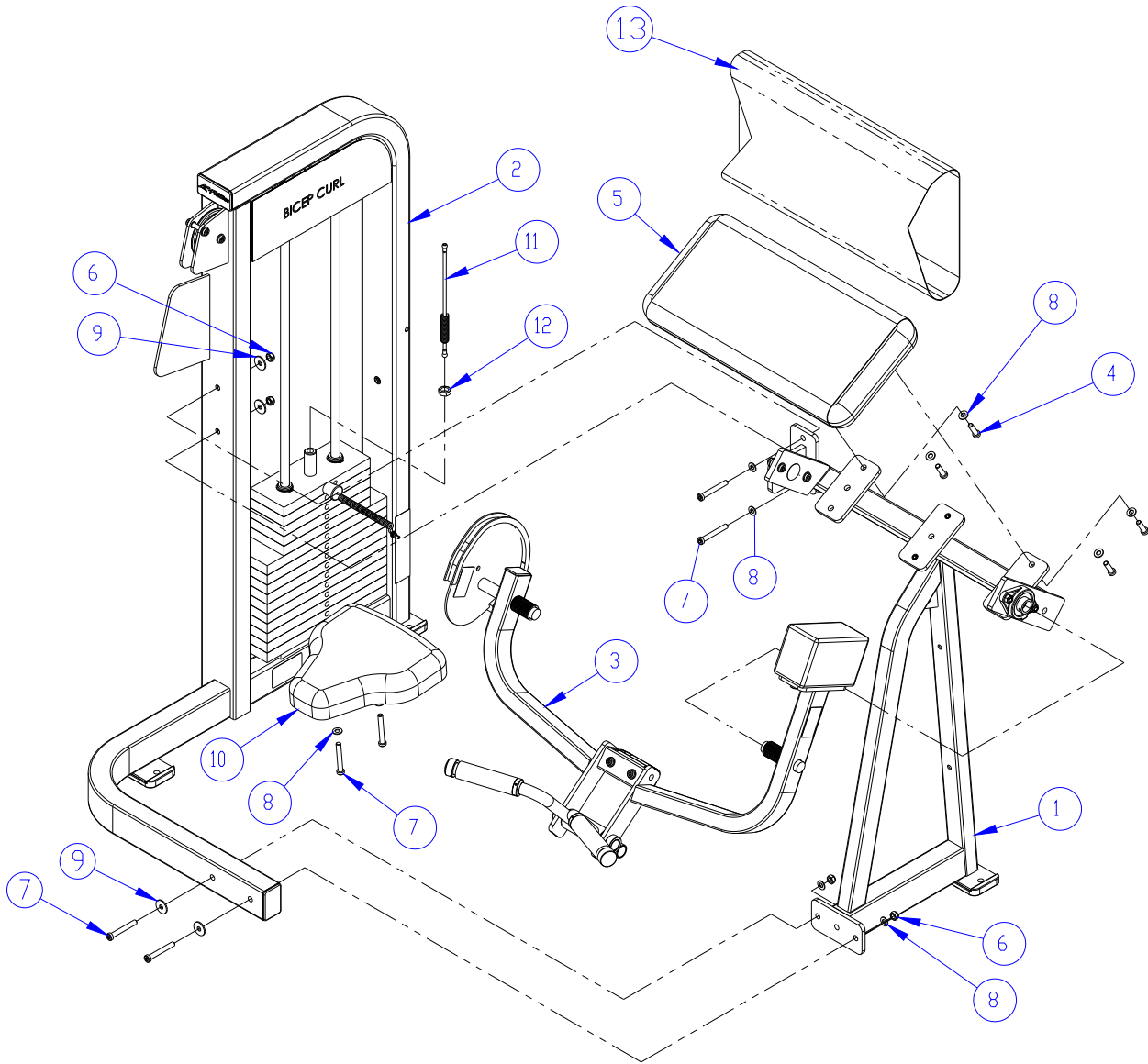
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PARTS MANUAL

PSBCSE BICEPS CURL

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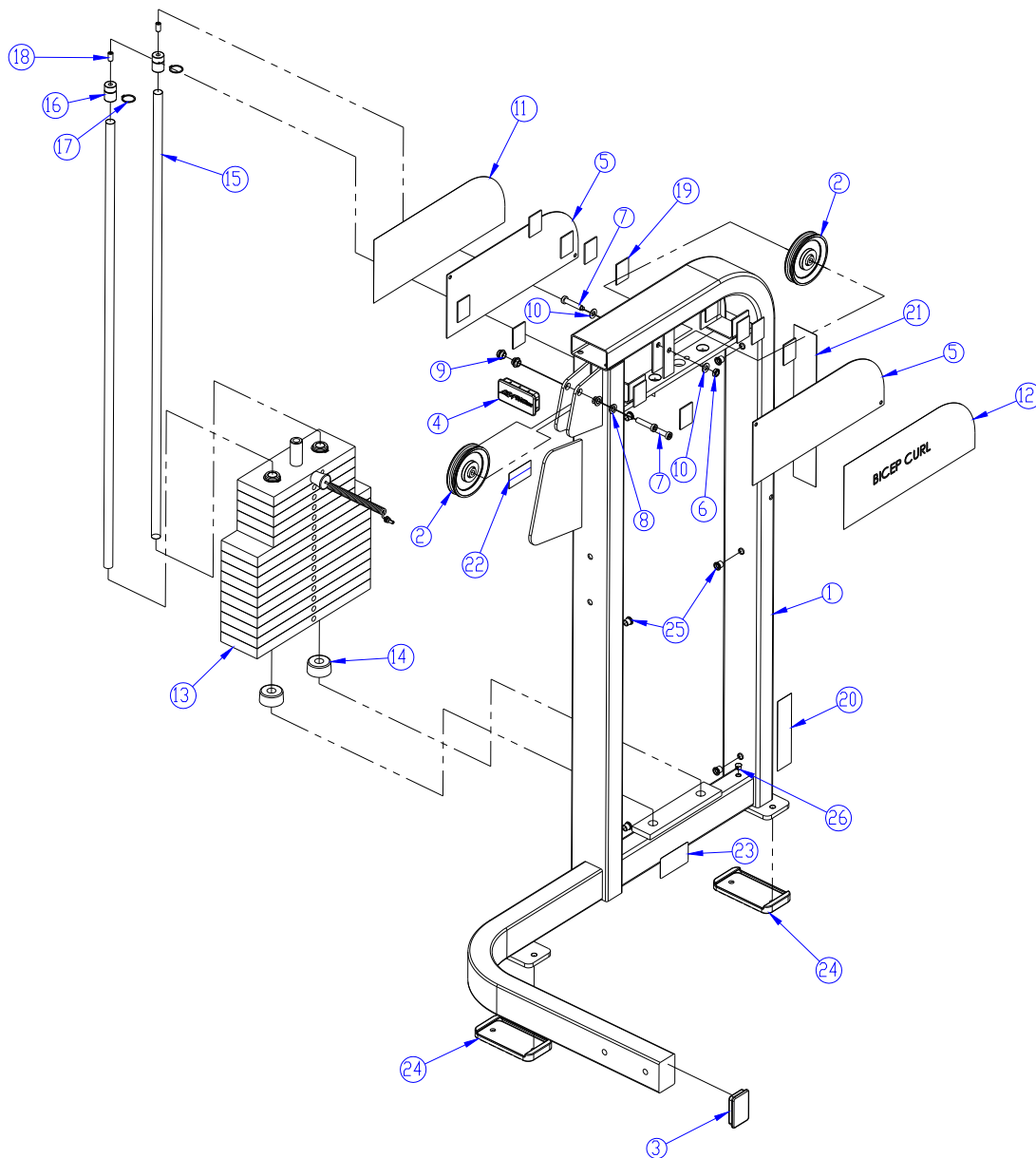
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PSBCSE BICEPS CURL COMPONANT ASSEMBLY



ITEM NO	QTY	PART NO	DESCRIPTION
1	1	7442801	ASSY, PSBC SEAT FRAME
2	1	7442901	ASSY, PSBC SIDE FRAME
3	1	7443101	ASSY, PSBC MOVEMENT ARM
4	4	3236204	SCREW, M10 X1.5 35MM
5	1	7766001	PAD, ELBOW 24 X 11
6	4	3236801	NUT, M10 HEX NYLOCK SS
7	6	3236212	SCREW, M10 X1.5 75MM
8	10	3236601	WASHER, 3/8 SAE SS
9	4	3236602	WASHER, 3/8 ID X 1.25 OD SS
10	1	7351901	PAD, SADDLE
11	1	7423701	CABLE, PSBC
12	1	3236902	NUT, M16 X 2 HEX JAM SS
13	1	7763301	PAD, WEAR COVER

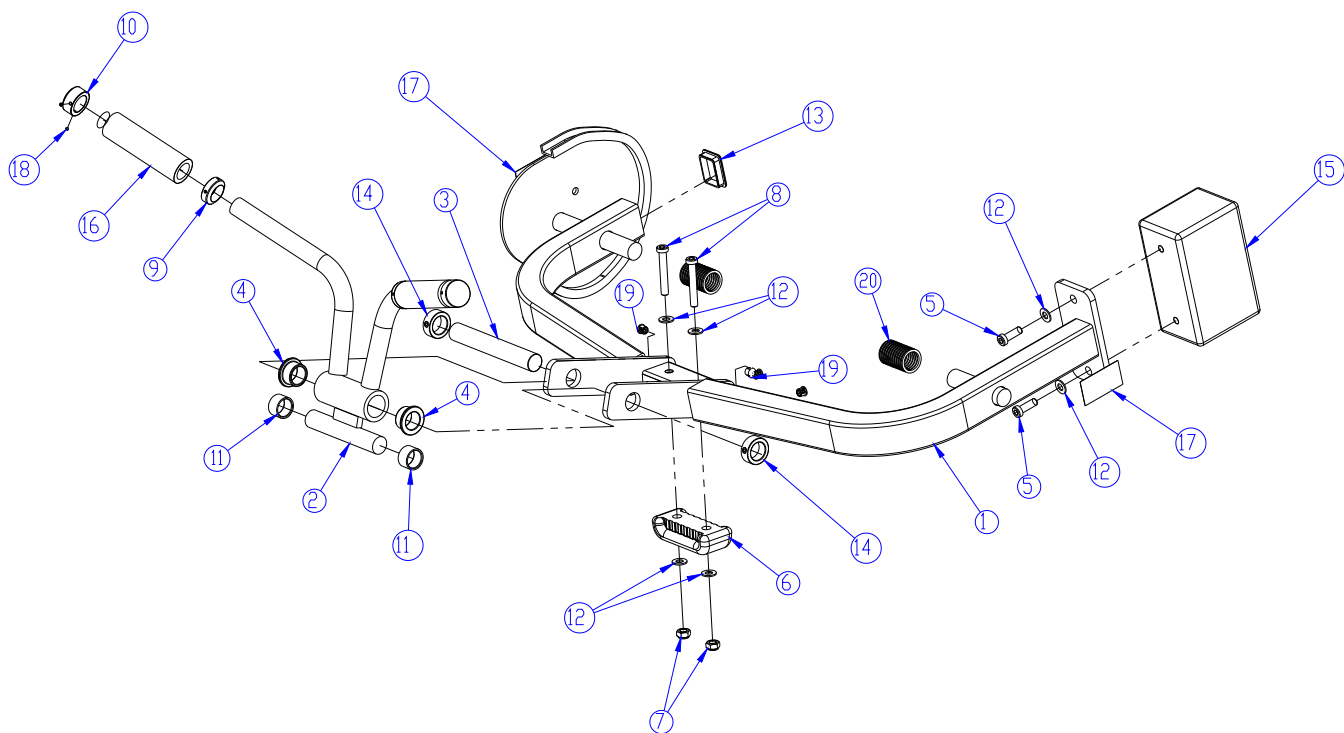
PSBCSE BICEPS CURL SIDE FRAME ASSEMBLY - 7442901



ITEM NO	QTY	PART NO	DESCRIPTION
1	1	7382101	WLDMT, PSBC- WEIGHT STACK
2	2	3237801	PULLEY, 4.5" OD
3	1	7352301	CAP, END 2 X 3
4	1	7352401	CAP, END 2 X 4
5	2	7606602	COVER, STACK-PRO2 STD
6	1	3236901	NUT, M10 X 1.5 JAM
7	3	3236206	SCREW, M10 X1.5 45MM
8	2	7348101	WASHER, SPACER
9	2	7335401	NUT, M10 X 1.5 SOCKET HEAD
10	2	3236601	WASHER, 3/8 SAE SS
11	1	7491101	LABEL, PSBC LOGO PANEL
12	1	7443001	LABEL, PSBC PLACARD
13	1	7353401	ASSY, 200LB STACK

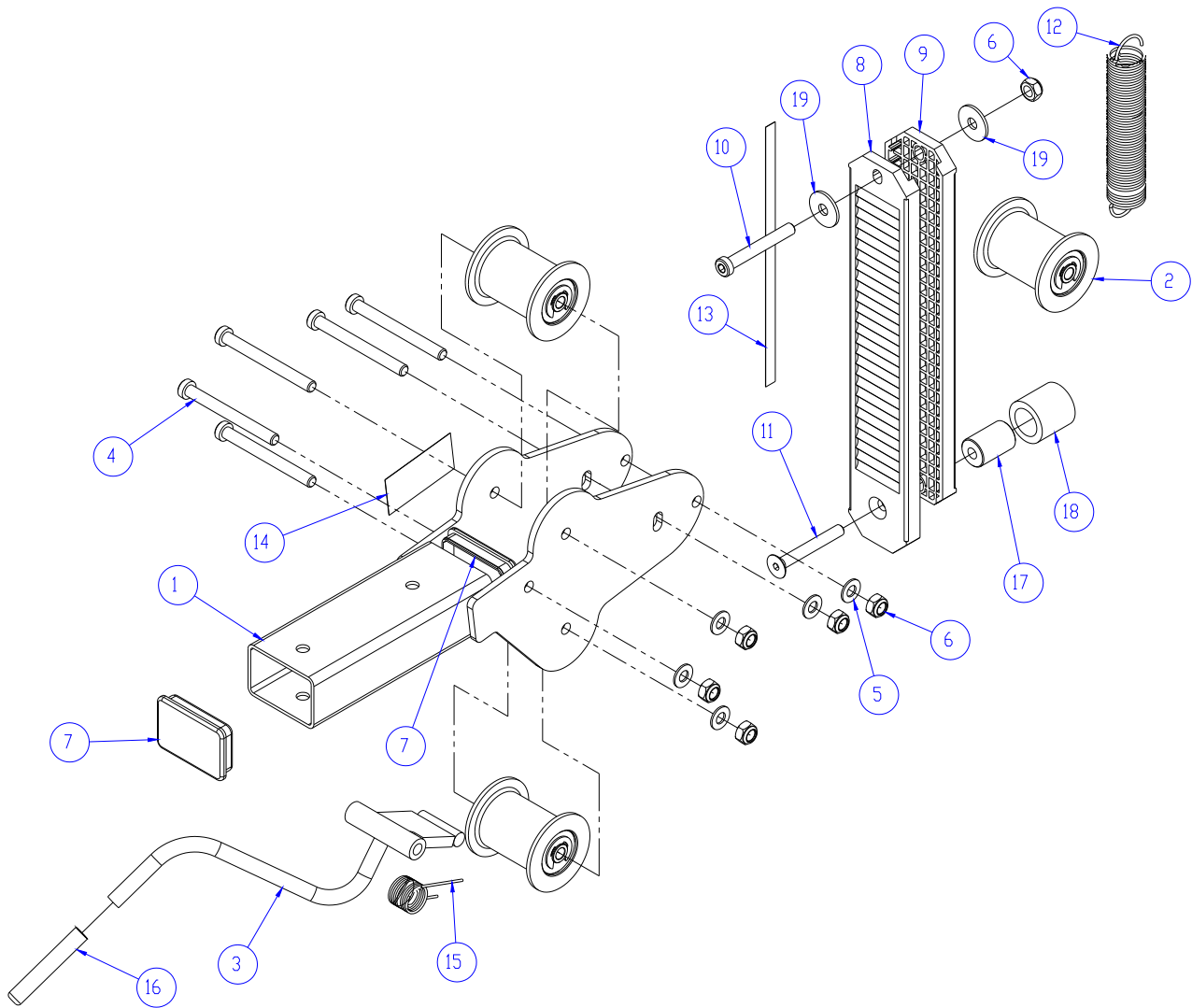
ITEM NO	QTY	PART NO	DESCRIPTION
14	2	7352101	CUSHION, WEIGHT STACK
15	2	7328604	GUIDE ROD, .75 OD SOLID 43.88
16	2	7402301	RETAINER, GUIDEROD
17	2	3232421	RING, BRE .940, 5100-100 ST PP B
18	2	3240501	M10 X 1.5 HXS NO CUP ST BO
19	12	7544202	PAD, DUAL LOCK 250 1.5" X 2.0"
20	1	7422004	LABEL, 2" ASTM WARN
21	1	7348001	LABEL, LIFE FITNESS LOGO
22	1	7422003	LABEL, MOVING PARTS
23	1	7571301	LABEL, SERIAL NUMBER
24	2	7388201	Footpad, PS Rubber
25	6	3238101	NUT, BLIND INSERT M10 X 1.5
26	2	3237401	PLUG, 7/16" HOLE

PSBCSE BICEPS CURL MOVEMENT ARM ASSEMBLY - 7443101



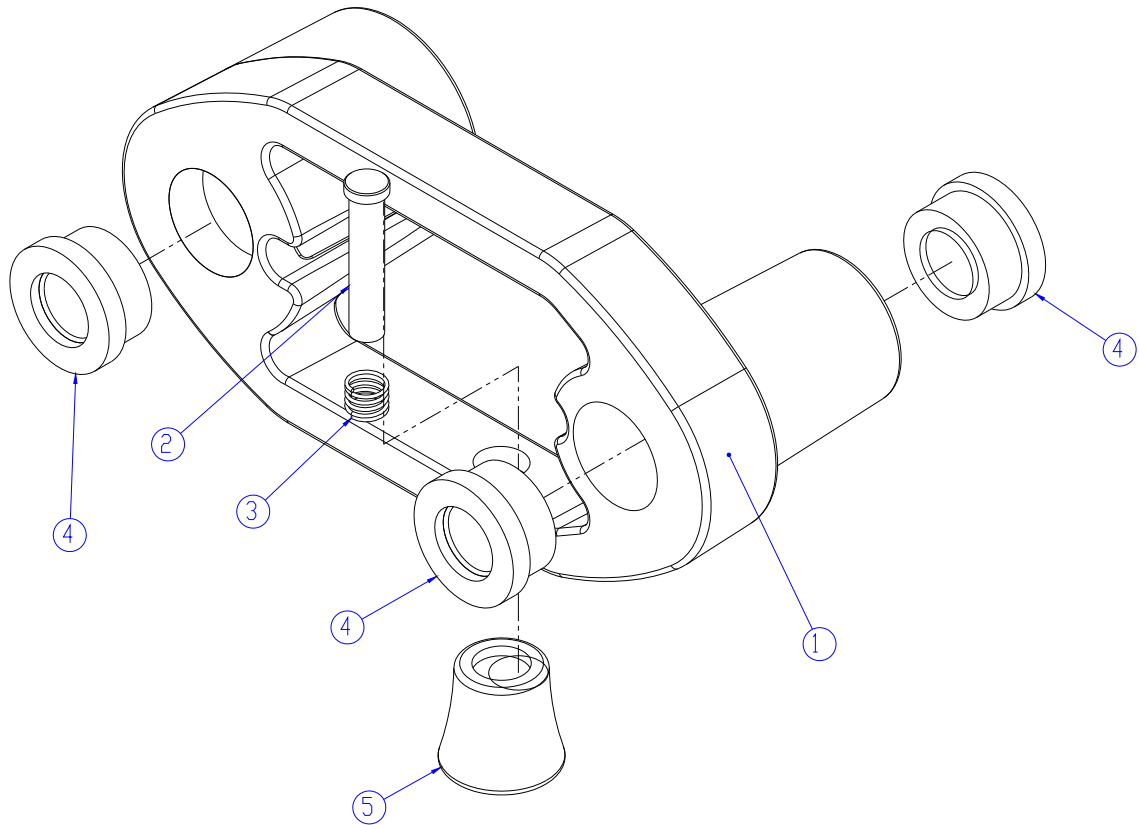
ITEM NO	QTY	PART NO	DESCRIPTION
1	1	7382901	WLDMT, PSBC- MOVEMENT ARM
2	1	7383301	WLDMT, PSBC- HANDLE BAR ASSY
3	1	7358203	SHAFT, 1 DIA X 6.75
4	2	3104903	1.00" ID 1.25" OD BRONZ BUSHING
5	2	3236203	SCREW, M10 X1.5 30MM
6	1	7352001	BUMPER, 2-1/8 X 4-5/8
7	2	3236801	NUT, M10 HEX NYLOCK SS
8	2	3236210	SCREW, M10 X1.5 65MM
9	2	7662802	RING, GRIP 1.50 OD
10	2	7662902	CAP, GRIP 1.50 OD
11	2	7690101	BUMPER, SLEEVE - 1 INCH DIA
12	6	3236601	WASHER, 3/8 SAE SS
13	1	7352201	CAP, END 1-1/2 X 2
14	2	7435301	COLLAR, SHAFT 1.020 ID
15	1	7365901	WEIGHT, COUNTER MED
16	2	3235802	Grip, 1.50"OD
17	2	7422003	LABEL, MOVING PARTS
18	8	3247701	M4 X .7 HXS NO CUP ST BO
19	6	3237401	PLUG, 7/16" HOLE
20	2	6912804	SLEEVE, ACCRDN 1.0 ID X 2

PSBCSE BICEPS CURL 90 DEGREE ROLLER SEAT ASSEMBLY - 7396701



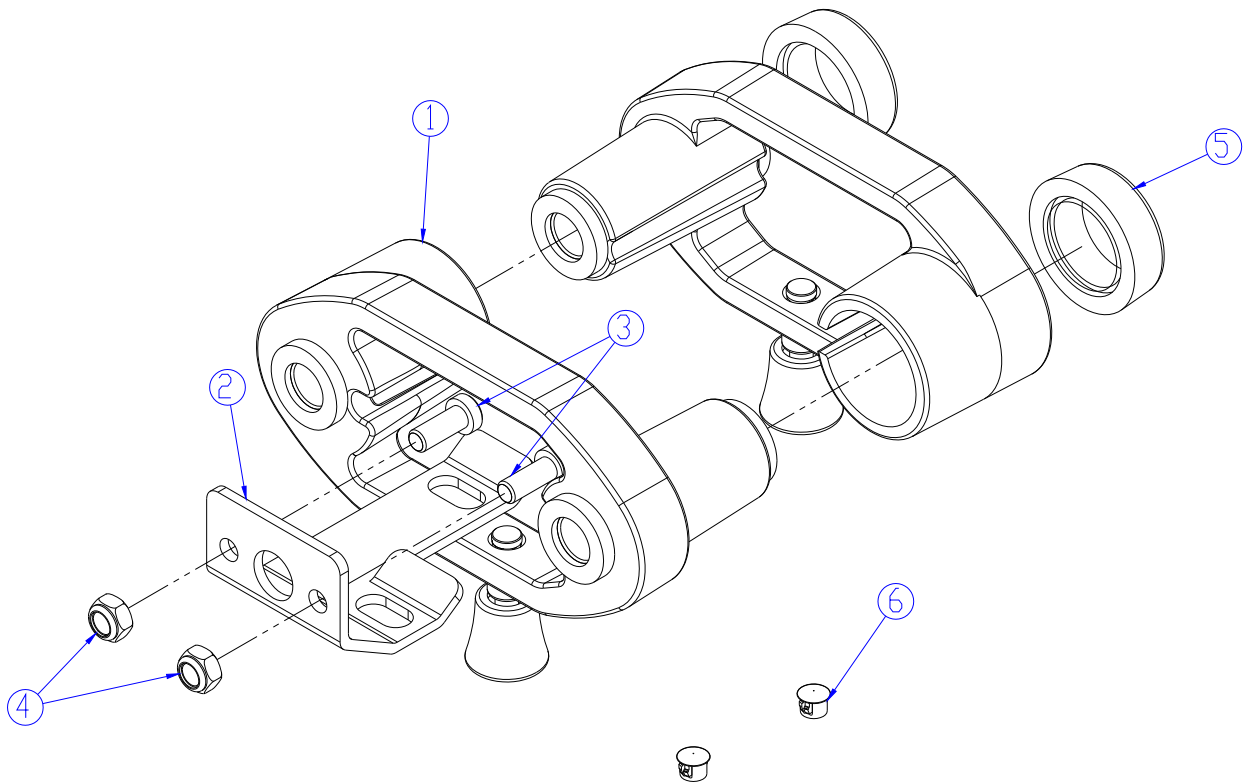
ITEM NO	QTY	PART NO	DESCRIPTION
1	1	7396801	Wldmnt, 90 Deg Roller Seat
2	3	7564201	ASSY, SEAT ROLLER
3	1	7387595	WELDMNT, PS-ROLLER SEAT HANDLE
4	5	3236217	SCREW, M10 X1.5 100MM
5	5	3236601	WASHER, 3/8 SAE SS
6	6	3236801	NUT, M10 HEX NYLOCK SS
7	2	7352301	CAP, END 2 X 3
8	1	7564301	SEATRACK, ROLLER SERRATED
9	1	7564401	SEATRACK, FLAT
10	1	3236212	SCREW, M10 X1.5 75MM
11	1	3238312	M10x1.5x75mm
12	1	7442601	SPRING, PRO2 ROLLER SEAT
13	1	7422002	LABEL, SEAT ADJUST
14	1	7422001	LABEL, SEAT INST
15	1	7442701	SPRNG, PRO2 HANDLE TORSION
16	1	3238502	CAP, 1/2 X 3
17	1	7570601	STOP, ROLLER SEAT
18	1	3235802	GRIP, SHADOW GRAY, 1.5"
19	2	3236602	WASHER, 3/8 ID X 1.25 OD SS

PSBCSE BICEPS CURL INCREMENT WEIGHT ASSEMBLY - 7446501



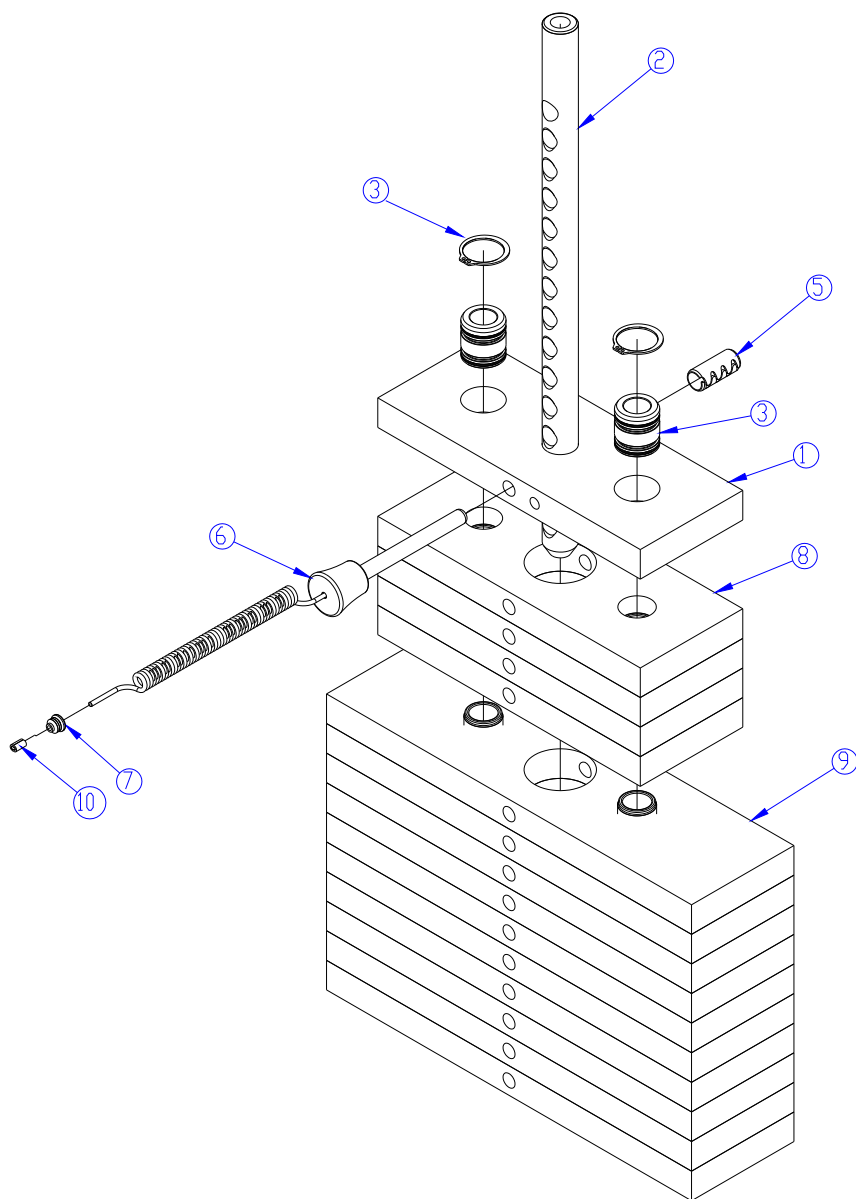
ITEM NO	QTY	PART NO	DESCRIPTION
1	1	7446602	BODY, 5LB INCREMENT WEIGHT
2	1	7446901	PIN, RETAINING
3	1	7447001	SPRING, COMPRESSION
4	3	7560001	BUSHING, MTS, INC WEIGHT
5	1	7351401	KNOB, TULIP STYLE

PSBCSE BICEPS CURL INCREMENT WEIGHT W/STRIKER - 7415101



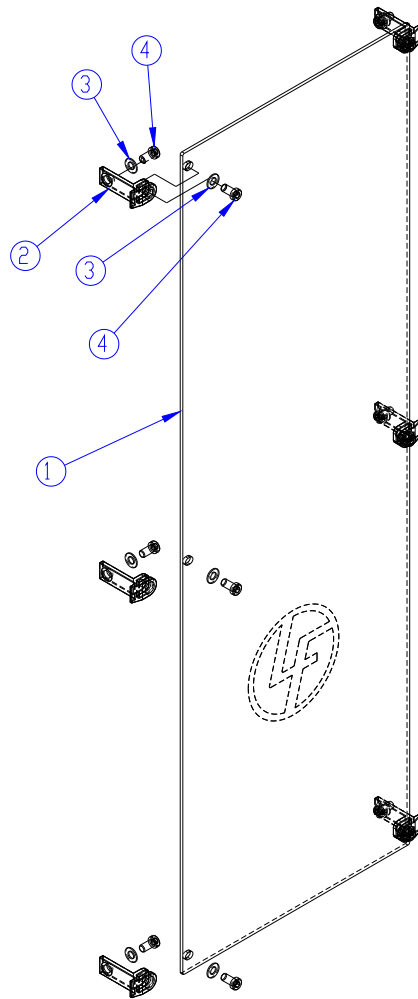
ITEM NO	QTY	PART NO	DESCRIPTION
1	2	7446501	ASSY, 5LB INCREMENT WEIGHT
2	1	7447101	PLATE, INCR. WT STRIKER
3	2	3236202	SCREW, M10 X1.5 25MM
4	2	3236801	NUT, M10 HEX NYLOCK SS
5	2	7767601	BUMPER, PS INCREMENT WT
6	2	3237401	PLUG, 7/16" HOLE

PSBCSE BICEPS CURL WEIGHT STACK ASSEMBLY 200LB - 7353401



ITEM NO	QTY	PART NO	DESCRIPTION
1	1	7353901	HEADPLATE, WT. STACK
2	1	7352601	BAYONET, 14 PLATE
3	2 / 2	7338001	HEADPLATE BUSHING & CLIP
5	1	3236001	BUSHING, SPRING PIN
6	1	7353001	ASSY, SELECTOR PIN
7	1	7356501	PLUG, LANYARD ATTACHMENT
8	4	7353701	ASSY, 10 LB PLATE
9	10	7353801	ASSY, 15 LB PLATE
10	1	7523601	CRIMP, CABLE

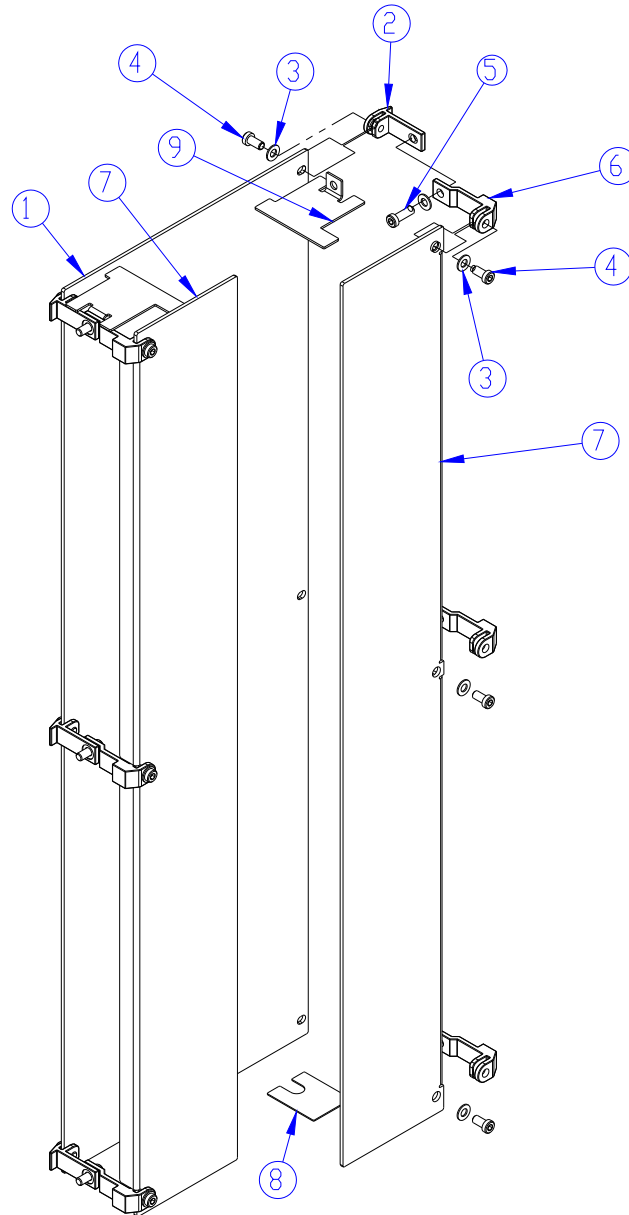
PSBCSE BICEPS CURL SHROUD KIT STD-SHORT - 7415201



ITEM NO	QTY	PART NO	DESCRIPTION
1	1	7376801	SHIELD, PS REAR
2	6	7655301	BRACKET, PS REAR SHIELD
3	12	3236601	WASHER, 3/8 SAE SS
4	12	3236201	SCREW, M10 X1.5 20MM

PSBCSE BICEPS CURL

OPTIONAL FULL SHROUD KIT - 7539601



ITEM NO	QTY	PART NO	DESCRIPTION
1	1	7376801	SHIELD, PS REAR
2	6	7655301	BRACKET, PS REAR SHIELD
3	18	3236601	WASHER, 3/8 SAE SS
4	12	3236201	SCREW, M10 X1.5 20MM
5	6	3236203	SCREW, M10 X1.5 30MM
6	6	7376601	BRACKET, PS FRONT SHIELD
7	2	7376901	SHIELD, PS - FRONT
8	2	7570901	PLATE, PS SHIELD STAND-OFF
9	2	7657401	PLATE, PRO2 SHROUD SPCR